

Note: Course Dates indicate Beginning and Ending Dates

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=

CRN	Instructor	Days	Time	Room	D	CRN	Instructor	Days	Time	Room	D
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**PE 116 Yoga 1 Units**

This course focuses on the development of the body/mind through the use of specific Yoga postures, breathing techniques, stretches, mental exercises, and relaxation exercises. The goals are to instruct students to achieve greater concentration, self-discipline, and improved physical/emotional health through instruction and practice of these skills. 18 lecture hours, 18 lab hours. CSU/UC

40652	Shaw, N.		HRS-ARRG		06/22-07/30
	Shaw, N.		HRS-ARRG		06/22-07/30

DISTANCE EDUCATION HYBRID CLASS On-Campus vists required. After registering go to [www.citruscollege.edu/de](http://www.citruscollege.edu/de). Class will meet Tuesdays and Thursdays 7:30 am - 8:30 am in AP110.

**Physical Education-Fitness**

**PE 145 Strength Training, Balance, and Agility 1 Units**

Strongly recommended: READ 099 if required by reading placement level or if required by exam. Designed to introduce students to proprioceptive training. Proprioceptive training can improve balance, core strength, quickness, and agility and reduce the risk of injury. This type of training can benefit all movements performed in our daily life, not just those dealing with sports or athletic movements. This course may be taken four times. 18 lecture hours, 18 lab hours. CSU UC

40080	Morrison, S.	MTWR	03:00 PM-04:15 PM	PE FLD4	06/22-07/30
Recommended for Varsity Athletes: Football OR 36 TOTAL HRS ARR					
40656	Noonan, B.	MTWR	01:00 PM-02:15 PM	PE FLD4	06/22-07/30
Recommended for Varsity Athletes: Football OR 36 TOTAL HRS ARR					
40665	Ponciano, R.	MTWR	01:00 PM-02:15 PM	PE FLD4	06/22-07/30
Recommended for Varsity Athletes: Football OR 36 TOTAL HRS ARR					
40668	Tracey, T.	MTWR	05:00 PM-06:15 PM	PE FLD4	06/22-07/30
Recommended for Varsity Athletes: Men's and Women's Soccer OR 36 TOTAL HRS ARR					

**PE 148 Adapted Aquatic Exercises 1 Units**

Designed for the student with a physical disability who is unable to participate in regular physical education classes. A medical doctor's written prescription of exercise limitations is required. This course may be taken unlimited times with instructors permission. 18 lecture hours, 36 lab hours. CSU UC

40248	Wurst, C.	MW	10:30 AM-12:30 PM	AQ POOL	06/22-07/30
	Wurst, C.	TR	10:30 AM-12:35 PM		06/22-07/30

**PE 151 Body Conditioning 1 Units**

This course will include general conditioning exercises, aerobic exercises, and exercises to develop flexibility and strength. This course may be taken four times with the objective of increasing and expanding the student's proficiencies and attitudes toward body conditioning through a supervised exercise program. 18 lecture hours, 18 lab hours. CSU UC

40238	Gunstream, M.	MTWR	08:30 AM-09:45 AM	AP 110	06/22-07/30
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**PE 156 Physical Conditioning for Intercollegiate Sports 1 Units**

This course is designed to provide an out-of-season physical conditioning program for the student interested in intercollegiate athletics. This course may be taken four times. 9 hours lecture, 27 hours lab or 18 hours lecture, 54 hours lab. CSU UC

40273	Greer, M.	MTWR	03:00 PM-04:05 PM		06/22-08/13
Recommended for Varsity Athletes: Men's and Women's Cross Country / Volleyball OR 36 HRS ARR					

**PE 159 Cardiovascular Training 1 Units**

This course will offer a non competitive, flexible, scheduled environment in which the student can develop a total fitness program. This program will promote areas of muscular strength, flexibility, and cardiovascular endurance. A philosophy of "Fitness for Life" will be the ultimate objective. Every student will be encouraged to regulate his/her program so that it will be enjoyable on a long term basis. This course may be taken four times. 9 hours lecture, 27 hours lab. CSU UC

40330	Gunstream, M.	MW	10:00 AM-11:15 AM	AP 109	06/22-07/30
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	Gunstream, M.	TR	10:00 AM-11:15 AM		06/22-07/30
During Summer this class is not arranged hours - student must meet at scheduled class time.					

**Physical Education-Varsity Ath**

**PE 207 Off-Season Men's Varsity Athletics .5 Units**

Must be a college varsity athlete/college varsity propsect or with coach's permission. This course provides intermediate and advanced instruction and practice in the skills and stragegies of varsity athletics. 45 lab hours or 90 lab hours. CSU UC

40218	Dunaj, J.	MTWR	04:30 PM-06:05 PM	PE 822	06/22-07/30
Recommended for Student Athletes: Men's Basketball / Men's Water Polo OR 45 TOTAL HRS ARR					

**Physics**

**PHYS 110 Introduction to College Physics 4 Units**

Strongly recommended: MATH 130. Also, READ 099 if required by reading placement exam or if required by reading level. A general physics course for non-majors that explores fundamental principles of the physical world; kinematics, fluid dynamics, thermodynamics, electricity, electromagnetism, sound propagation, and optics. 54 lecture hours. 72 lab hours. CSU UC

40266	Scott, C.	MTWR	08:00 AM-09:25 AM	PS 107	06/22-08/13
Lecture section only. Lab section also required.					
40268	Scott, C.	TR	09:35 AM-01:50 PM	PS 125	06/22-08/13
Lab section only. Lecture section also required.					

**Political Science**

**POLI 103 Government of the United States 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level. This course deals with the origins and functions of the government of the United States with special emphasis on the background and causes of present problems. It meets the United States Constitution graduation requirement and includes local and state government. 54 lecture hours. CSU UC

40069	Ross, G.	MTWR	08:00 AM-10:05 AM	LB 303	06/22-07/30
40070	Ross, G.	TWR	01:00 PM-03:50 PM	LB 303	06/22-07/30
40113	Peters, G.	TWR	06:00 PM-08:50 PM	LB 301	06/22-07/30
40170	Peters, G.		HRS-ARRG		06/22-07/30
DISTANCE EDUCATION CLASS After registering go to <a href="http://www.citruscollege.edu/de">www.citruscollege.edu/de</a>					

**Psychology**

**PSY 101 Introduction to Psychology 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level. An introduction to the field of psychology through involved learning, motivation, intelligence, and personality. 54 lecture hours. CSU UC

40049	Brown, R.	TWR	06:00 PM-08:50 PM	LB 310	06/22-07/30
40055	Brown, R.	TWR	01:00 PM-03:50 PM	LB 310	06/22-07/30
40056	Guttman, K.	MTWR	08:00 AM-10:05 AM	HH 754	06/22-07/30
40165	Kim, A.		HRS-ARRG		06/22-07/30
DISTANCE EDUCATION CLASS. After registering go to <a href="http://www.citruscollege.edu/de">www.citruscollege.edu/de</a>					
40169	Shannon, J.		HRS-ARRG		06/22-07/30
DISTANCE EDUCATION CLASS. After registering go to <a href="http://www.citruscollege.edu/de">www.citruscollege.edu/de</a>					
40674	Kim, A.	MTWR	10:15 AM-12:20 PM	P3 105	06/22-07/30

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**PSY 206 Child Growth and Development 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

Students will critically examine theories of child development in the physical, intellectual and social-emotional areas as they pertain to the various ages and stages in a child's life from the prenatal development through adolescence. Practices in caregiving, teaching, and parenting that derive from diverse cultural and theoretical perspectives will be analyzed. Students will learn to observe and assess children's development and gain insight into the impact of culture on the process of socialization. 54 lecture hours. CSU UC

40050 Gregg, J. TWR 11:00 AM-01:50 PM LB 107 06/22-07/30

**PSY 225 Psychology of Human Sexuality 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

An introductory survey of the psychological bases and dimensions of human sexuality with emphasis on the socio-cultural factors involved in intimate relating, sexuality, and loving. 54 lecture hours.

CSU UC  
40116 Guttman, K. MTWR 10:15 AM-12:20 PM HH 754 06/22-07/30

**Public Works**

**PUB 150 Public Works I 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

Basic course in street maintenance covering the materials utilized; a review of equipment and techniques used in their applications. Other subjects include street tree programs, street painting and signs programs, street sweeping, weed control, watershed management, and other related subjects. 54 lecture hours.

40340 Chapman, F. HRS-ARRG 06/22-07/30  
DISTANCE EDUCATION CLASS After registering go to [www.citruscollege.edu/de](http://www.citruscollege.edu/de)

**Reading**

**READ 019 Literacy Skills 3 Units**

This course is designed for students who need a non-competitive environment to develop basic literacy skills including decoding, vocabulary acquisition, and literal comprehension. Offered for Pass/No Pass grading only. This course may be taken two times. 54 lecture hours.

40040 Loya, H. MTWR 08:00 AM-10:05 AM LL 102 06/22-07/30

**READ 040 Basic Reading Skills 3 Units**

Prerequisite: Placement is based on multiple measure assessment or completion of READ 019 with min. grade of C. Development of basic reading strategies which focus on word analysis, vocabulary development, ability to respond orally and in writing to materials read independently from a variety of textual complexities, patterns, and forms including reference, informational, persuasive and literary genres. Designed primarily for students preparing for READ 099. This course may be taken three times. 54 lecture hours.

NOTE: THE UNITS EARNED FOR THIS COURSE MAY NOT BE APPLIED TOWARD THE 60 UNITS FOR GRADUATION.

40127 Gunderson, M. TWR 01:00 PM-03:50 PM LL 102 06/22-07/30

40129 Gunderson, M. MTWR 10:15 AM-12:20 PM LL 102 06/22-07/30

**READ 099 Reading Skills 3 Units**

Prerequisites: READ 040 or ESL 054 or placement based on multiple assessment measures.

An introduction to the fundamental techniques of college reading designed to develop student's literal and inferential comprehension while extending critical reading/thinking skills. This course meets the graduation reading competency requirement. 54 lecture hours.

40071 Van Citters, B. MTWR 10:15 AM-12:20 PM LL 103 06/22-07/30

40073 Van Citters, B. TWR 01:00 PM-03:50 PM LL 103 06/22-07/30

40074 Lawrence, P. MTWR 10:15 AM-12:20 PM LB 309 06/22-07/30

**Sociology**

**SOC 114 Marriage, Family, and Intimate Relations 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

A consideration of the sociological and psychological factors which influence present day marriages. Course includes seminar discussions oriented toward understanding these influences as they relate to the individual. 54 lecture hours. CSU

40151 Walz, S. HRS-ARRG 06/22-07/30  
DISTANCE EDUCATION CLASS After registering go to [www.citruscollege.edu/de](http://www.citruscollege.edu/de)

**SOC 118 Minorities in America 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

This course gives an overview of the psychological, social, economic, and political aspects of minority groups in contemporary American culture. It will emphasize the relationships between these groups and the dominate culture. 54 lecture hours. CSU UC

40673 Perez, R. TWR 01:00 PM-03:50 PM LB 306 06/22-07/30

**SOC 201 Introduction to Sociology 3 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

An emphasis is placed on the study of the basic structure of human society, the main forces that hold groups together or weaken them, conditions that transform social life, and basic social concepts. 54 lecture hours. CSU UC

40048 Walz, S. TWR 01:00 PM-03:50 PM LB 301 06/22-07/30

40118 White, G. MTWR 10:15 AM-12:20 PM LB 302 06/22-07/30

40174 Lau, B. MTWR 10:15 AM-12:20 PM LB 303 06/22-07/30

40678 Hodge, R. HRS-ARRG 06/22-07/30

**SOC 202 Contemporary Social Problems 3 Units**

Emphasis is placed on American society and social problems. Special attention is given to the causes and effects of social problems. Course content includes research, field observation studies, seminar discussion with special resource professionals. 54 lecture hours. CSU UC

40201 White, G. HRS-ARRG 06/22-07/30  
DISTANCE EDUCATION CLASS After registering go to [www.citruscollege.edu/de](http://www.citruscollege.edu/de)

**Spanish**

**SPAN 101 Spanish I 5 Units**

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

A course in elementary Spanish grammar, vocabulary, and pronunciation which focuses on understanding, speaking, reading, and writing (including spelling) simple Spanish and serves as an introduction to the geography, history, and culture of the Spanish-speaking world. 90 lecture hours, 18 lab hours arranged. CSU UC

40065 Afzali, A. MTWR 10:15 AM-01:50 PM LB 106 06/22-07/30  
+ 18 TOTAL HRS ARR

40078 Garcia, V. MTWR 08:00 AM-11:35 AM DHS 06/22-07/30  
+ 18 TOTAL HRS ARR

40122 Garate, E. MTWR 08:00 AM-11:35 AM TC 127 06/22-07/30  
+ 18 TOTAL HRS ARR

**SPAN 102 Spanish II 5 Units**

Prerequisite: Completion of SPAN 101 with min. grade of C or two years of high school Spanish.

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

A further study of elementary Spanish grammar and vocabulary which develops understanding, speaking, reading and writing skills. Includes additional study of the cultural heritage of Spain and Latin America. 90 lecture hours, 18 lab hours arranged. CSU UC

40124 McGarry, A. MTWR 10:15 AM-01:50 PM LB 108 06/22-07/30  
+ 18 TOTAL HRS ARR

**Speech**